



Measure the length needed



Cut the fibre net at the desired length



Cut out two or three fibre strips of different widths



Clean the teeth with pumice and water



Etch the teeth for 45-60 seconds



Bond the etched area and light-cure



Apply a flowable composite; do not light-cure!



Remove the fibre net from its protective paper



Position one fibre strip at a time



Light-cure 5-10 seconds per tooth while protecting the rest of the fibre from the light



Apply a thin layer of light-curing resin on the cured strip. Position the second strip on top, and light-cure tooth per tooth.



Repeat the same procedure for the third fibre strip.



Cover the cured fibre net with flowable composite and light-cure for 40 seconds per tooth



Final situation after finishing the fibre splint

### Recommended for:

Splinting of traumatised teeth and labial periodontal splints; repair/reinforcement of veneers



900818 everStickNET 1x30cm<sup>2</sup> refill



### Clinical Tips!

- Keep the fibre protected from the light to avoid premature curing.
- During the procedure, you can immobilise the teeth labially or lingually with composite or with a support made of putty impression material.
- Adapt the fibre close to the incisal edge to achieve maximum strength.
- While curing tooth-by-tooth, direct the light away from the rest of the fibre and cover the remaining uncured fibre with StickSTEPPER.
- A small brush can be used to apply a thin layer of flowable composite to cover the fibre.
- The fibres must be entirely covered with composite. Use thixotropic GC flowables for a precise application.
- To achieve a more flexible splinting of traumatised teeth, do not bond the interproximal areas.
- Store the package in the refrigerator.