



Initial situation



Measure the
length of fibre
needed



Cut the fibre
bundle inside
the silicone



Clean the teeth
with pumice
and water



Etch the teeth
for 45-60
seconds



Bond the
etched area
and light-cure



Apply a
flowable
composite; do
not light-cure!



Position the
fibre on top of
the flowable



Spread the fibre
on the surface of
the first tooth



Light-cure
while
protecting the
rest of the fibre



Proceed in the
same way for
each tooth



Intermediate
result after
light-curing



Cover the fibre
completely
with a flowable
& light-cure



Final situation

Recommended for:

Splinting of periodontally compromised teeth



900822 everStickPERIO 2x12cm refill

900832 everStickPERIO 1x8cm refill



Clinical Tips!

- Keep the fibre protected from the light to avoid premature curing.
- During the procedure, you can immobilise the teeth labially or lingually with composite or with a support made of putty impression material.
- Place the fibre splint as incisally as possible in order to achieve maximum strength.
- While curing tooth-by-tooth, direct the light away from the rest of the fibre and cover the remaining uncured fibre with StickSTEPPER.
- Make sure to leave good interproximal access for cleaning. The use of wedges while applying composite will help to achieve this.
- The fibres must be entirely covered with composite. Use thixotropic GC flowables for a precise application.
- To achieve a more flexible splint, do not bond the interproximal areas.
- Store the package in the refrigerator.